



September 2019

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
	Chicken Fried Steak Mashed Potatoes Country Vegetables Hot Roll	Lasagna Broccoli Ripstick	Pot Roast Mashed Potatoes Green Beans Hot Roll	Potato Soup Grilled Cheese Apple Cobbler

Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Japanese Cherry Blossom Rice Stir Fry Veggies Breadstick	Salisbury Steak Mashed Potatoes Carrots Hot Roll	Chicken and Noodles Sweet Peas Hot Roll	Crispy Chicken Strips Mashed Potatoes California Vegetables Hot Roll	Shrimp Poppers Mac & Cheese Coleslaw

Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
	Crispy Chicken Patty Mashed Potatoes California Vegetables Hot Roll	Spaghetti & Meatballs Green Beans Breadstick	Meatloaf Mashed Potatoes Hot Roll	Baked Potato Bar Broccoli Hot Roll

Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Tangerine Chicken Rice Stir Fry Veggies Breadstick	Breaded Pork Chop Mashed Potatoes Sweet Peas Hot Roll	Chicken Alfredo Broccoli Hot Roll	Pot Roast Mashed Potatoes Country Vegetables Hot Roll	Vegetable Soup Grilled Cheese Apple Crisp

Monday 30				
Lemongrass Chicken Rice Oriental Veggies Breadstick				

*Menus are subject to Change. **All items are Whole Grain Rich ***This institution is an equal opportunity provider.